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Professional Profile and Interview Sample

Featured Content:

"Yes, I'd Get Fired All Over Again": How Kristen Denise Defended the Defenseless

Produced For:

National Editorial Showcase & Independent Journalism

“Yes, I’d Get Fired All Over Again”

How Kristen Denise Defended the Defenseless

“I didn’t care what happened to me or my job,” declared Kristen, her voice full of conviction. “I just knew I needed to speak up for her. She didn’t deserve that kind of treatment. No one does.” Kristen delivered these words unapologetically, marking a defining moment in her corporate career and revealing her protective character.

As her words hung in the air, she drew a breath and began to detail her early corporate experience. She described the moments leading up to her declaration. Kristen sat at a barren office desk, surrounded by fluorescent tubes of light hovering over her head. Shoulders hunched and her right arm resting firmly on the mouse, she scrolled through lines of monotonous text as her espresso-brown eyes glazed over typical banking jargon. Suddenly, something caught her attention. Kristen came across an email in which a lead client relations manager publicly humiliated a loan specialist in front of a client to deflect blame. Shaking her head, she muttered, “This is wrong. You don’t treat people like this.”

Adrenaline flooded her veins as she confronted the client relations manager’s superior. Kristen defended the loan specialist, explaining that the relations manager had made the loan specialist a scapegoat to take the blame for the relations manager’s own wrongdoings in front of a client—a move that jeopardized the loan specialist’s job and, certainly, her reputation. Kristen stood her ground, speaking fearlessly about the moral issues this situation raised. The superior stood in front of his desk, leaning back with his arms crossed as he listened to Kristen. His stance displaying blatant indifference towards the wrong committed.

What made this remarkable was Kristen’s low position on the corporate ladder. As a Business Associate, she sat beneath both the client relations manager and the loan specialist. Yet, this didn’t faze her. She knew how to speak to people in positions of power, especially on matters of injustice. Kristen rose for the underdog without thinking twice, pushing aside any nervousness she might have felt.

Her courage appeared even more striking considering the professional minefield she struggled to navigate in her own position. Long before this confrontation, Kristen experienced intense political persecution in her working environment, which had taken a severe toll on her mental and emotional health. When asked about this further, she broke eye contact, and her voice dropped to a whisper. The mood in the room plummeted as Kristen remembered the sterile scent of the venomous environment she previously warred through. Like a wounded soldier suffering from PTSD, her face appeared blank. Kristen described how higher management scrutinized her every move, watching her like a hawk, looking for a kill. They monitored her punctuality, counted her bathroom breaks, and tracked her emails and chat history.

Once, HR summoned Kristen to their office to interrogate her and asked, “Your resume says you can provide robust financial analytics and improve risk management. So, why do your

metrics appear low? Can't you do this?" Kristen sat motionless as the HR director hurled accusations. Inwardly, however, her stomach coiled and tightened, constricting her entire body and leaving little room for air. Kristen likened the scene to a courtroom, where everyone judged her as guilty, and she had to prove her innocence.

The pressure continued for eight months. She lived in constant job insecurity, unsure how she would pay her bills if the company let her go. Kristen described lunch periods spent sobbing in her car. She recited the words, "Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me" from Psalm 23:4 to draw strength from Christ. Though she didn't actively follow him then, she still relied on the faint echoes of her faith. After shedding tears, Kristen wiped her eyes and returned to her prison cell.

With her own job on the line, Kristen stepped in to protect someone else. When asked to describe the moment, she said, "I don't know what came over me. I read the email, knew it was wrong, and immediately started walking towards his office. I strive to treat everybody equally, viewing them as human beings rather than disposable tools for corporate convenience." In that split second, Kristen showed the compassionate heart of a shepherd, willingly sacrificing her own security for justice.

Afterward, when the conversation shifted to the fallout of her actions, Kristen buried her face in her hands. "I got fired," she replied, releasing a bittersweet laugh. Yet, when questioned if she would make the same choice again, she didn't hesitate: "Absolutely. It was worth it."